

# Beast of Southeast



**Saturday July 28th, 2012**

5K Run & Walk

9:00 AM 5K Run & 5K Walk



**Denver Siekman Environmental Park, Rising Sun, Indiana  
To benefit the Environmental Park**

Return to those high school and college cross-country days with a challenging run on a hilly, all-grass course. If you can find an old pair of spikes, you might want to throw them in the car. Much of the course is tree-lined and shady, located along the Ohio River near Rising Sun, Indiana.

**Directions; to the Park:** From Cincinnati, take 1-275 to Lawrenceburg, IN exit. At stoplight turn left onto US 50 West to Aurora. Turn left to Hwy 56 (follow the riverboat signs) to Rising Sun, IN. At the first 4-way stop turn left, go one block and at the next 4-way turn right. Just as you cross the first bridge turn right (Hwy 56) and make the first right on Walston Road. The Park is on your right.

**From Madison,** take Hwy 56 to Vevay. In Vevay go straight through along the river, you are now on Hwy 56. Take Hwy 156 past Beltera Casino and Patriot, IN until you come to a flashing yellow light (approximately 25 miles). Turn left and the first right onto Walston Road. The park is on your right.

**Price:** \$15 pre-registration with T-shirt, \$10 high school runner pre-registration \$20 late registration and day of race with t-shirts as long as they last.

**Awards:**

Runners: 5K Overall male and female, top 2 in each age group: 12 and under, 13-14, 15-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over. Master award given to overall male & female over 50.

Walkers: 5K Overall male and female. Top 2 walkers in each age group (male and female compete together) 19 and under 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over. Master award given to overall male & female over 50.

**Amenities:** water on the course and at the end, fruit, concessions, door prizes, and same-day race results.

**Contact:** Janie Eldridge 812-438-1230 denversiekmanep@yahoo.com

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OFFICIAL ENTRY FORM (1 person per entry form - may be copied)

5K run \_\_\_\_\_ 5K walk \_\_\_\_\_ t-shirt: S M L XL Sex \_\_\_\_\_ M \_\_\_\_\_ F  
Name \_\_\_\_\_ Age as of 7/28/12 \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Email \_\_\_\_\_

Make checks payable to Denver Siekman Environmental Park Mail to:  
Denver Siekman Environmental Park 3334 Walston Road Rising Sun, Indiana 47040

**Waiver must be read and signed before mailing:**

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the course, all such risks being known and appreciated by me, Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the event, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event I attest and verify that I am physically fit and sufficiently trained to compete in this event,

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent's signature if under 18 \_\_\_\_\_